# CORONAVIRUS COVID-19





## **Health Information**

#### **SYMPTOMS**







COUGH



SHORTNESS OF BREATH

#### **HOW IT SPREADS**



CLOSE CONTACT
WITH PEOPLE
WHO ARE SICK



SYMPTOMS MAY SHOW UP 2-14 DAYS LATER





For the latest guidance for returning travelers visit www.cdc.gov

#### **PREVENTION**



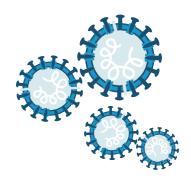
WASH HANDS WITH WATER AND SOAP/SANITIZER, AT LEAST 20 SECONDS



AVOID CONTACT WITH SICK PEOPLE



DON'T TOUCH EYES, NOSE OR MOUTH WITH UNWASHED HANDS



#### **IF YOU ARE SICK**



STAY AT HOME



AVOID CONTACT WITH OTHERS



AND MOUTH WHEN SNEEZING



KEEP OBJECTS AND SURFACES CLEAN



**WEAR A MASK** 

If you have recently visited \*affected geographic areas\* and are exhibiting symptoms, phone your healthcare provider for instructions.

\*Check the CDC travel webpage for current affected geographic areas: https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html

People should not be excluded from activities based on their race or country of origin.

### **TRAVEL ADVICE**



AVOID TRAVELLING TO AFFECTED AREAS UNLESS NECESSARY



MAKE SURE YOU HAVE ALL NECESSARY VACCINATIONS AND TRAVEL MEDICATION



YOUR HEALTHCARE PROVIDER



DON'T TRAVEL IF YOU HAVE FEVER AND COUGH



IF YOU BECOME SICK WHILE TRAVELLING SEEK MEDICAL CARE IMMEDIATELY